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Want to learn to crochet, but have no idea where to start? Well this book will guide you through the basics and have you completing your first project in just one day! Each new stitch is explained in easy steps with accompanying photographs and diagrams and is followed up with a project showing you how to utilize your new found skills. The 20 modern projects range from a super simple cafetiere cosy to a granny square blanket, plus there is a section dedicated to "extreme crochet", using t-shirt yarn to create larger-than-life crocheted creations. In addition, crochet charts are included for each stitch and pattern with the author

explaining, in detail, how to read and follow charts. The author's chatty, informal style will take you on your journey from newbie to fully-fledged crocheter and before you know it you'll be crocheting and making fantastic homemade presents for friends and family. Crochet blogger, Sarah Shrimpton, who blogs under the name Annaboos House, is a self-taught crocheter and former teacher, who started blogging for fun and now has over 7k followers on Instagram.

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A Guide to U.S., Canadian and Mexican Coins
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Your guide to North American coins! With more than 50,000 individual coin listings, more than 6,100 photographs and expertly vetted values for the United States, Canada and Mexico, 2018 North American Coins & Prices is the ideal single-source reference for coins of our continent. Organized by country, government, denomination and date of issue, this growing reference remains an easy-to-use guide to an immense catalog of coins. The U.S. section features listings for early Colonial coins and tokens of the 17th and 18th centuries through Federal issues from 1791 to date. Mexico listings begin in 1701 and continue chronologically through many government changes to today. Canada's listings begin with its earliest unified coinage in 1858 and continue through their many 21st century commemorative issues. Inside you'll find: Pricing, descriptions and photos for coin issues of the United States, Canada and Mexico Improved chronological structure for Colonial America and Mexico War of Independence Historical market performance graphs of significant U.S. coins Select Mint State and Proof grades for modern issues Grading Guide to U.S. and World coins A pocket-size, brilliantly colorful, simple-to-use guide to bats, containing dozens of full-color photographs that enable readers of all ages to identify the most common species; range maps; tips on attracting and observing creatures in the wild; information on habitat needs, life cycle, food preferences; and much more. Most books on journalism today are either too complex to comprehend or too superficial. Barun Roy has really done a remarkably good job to fill a long-felt vacuum. This guide introduces basic tools of the applied journalism in simple language..... In a time of rapid change in the

world economy, this fascinating, concise, and user-friendly primer is the most reliable tool for keeping track of what's happening. What is the new economy? What is globalization? Is the euro the final seal on European Union? How is e-commerce transforming our world beyond economics? What is virtual money, and does it have real value? How do social concerns and societal ills (drugs, poverty, AIDS, endangered natural resources) play a part in the rapidly changing world economy? What are multinationals, and do they signal the end of nationalism? These and many other pertinent issues are addressed in an enlightening and entertaining handbook for those who want to be economically literate (and who doesn't?).

The Beginner's Guide to Floristry is a comp Whether you're a complete investing novice or just confused about all the contradictory advice out there, A Beginner's Guide to Investing is an accessible guide to growing your money the smart and easy way. Throw away the get-rich quick schemes that never work and turn off the financial news and it's constant noise. Whether your dream is protecting your assets in a turbulent market or growing your wealth so that you can retire in style, this book is the blueprint. You can be a successful investor - really. Join Ivy Bytes, an innovative start-up dedicated to creating accessible content on crucial issues, and Alex Frey, a lifelong investor and Harvard MBA, as they show you:

- How you can realistically expect to double your money every 7-10 years
- Why most investors achieve stunningly poor returns on their money - and how to avoid turning into one of them
- How to choose an investment account that you can keep for the rest of your life
- How to out-perform the vast majority of professional investors while taking less risk
- How to quickly create a portfolio of diversified ETFs (exchange traded funds)
- How to put in as few as three to five hours every year on your investing - and still beat 80% of investors
- Why you may not be properly diversified in holding the most popular index mutual funds
- How endowments like Yale university have consistently beaten the overall stock market - and what you can learn from them
- Why the vast majority of mutual funds fail to live up to their promise
- Why your financial adviser and mutual fund manager might be getting more rich than you off of your investments
- What the terms "beta" and "alpha" mean - and why understanding them is critical to retiring rich
- How to maximize your tax savings by using a 401(k) and IRA
- When and how to re-balance your portfolio
- How to have the confidence to manage your money for life

And more. About the Authors Alex Frey has been engrossed in the investing world since the age of 16. He has served previously as a research analyst for a major mutual fund company. Alex has successfully passed all three Chartered Financial Analyst examinations, and has an MBA from the Harvard Business School. He lives in San Francisco, CA. When he is not writing, he enjoys reading, investing, and doing just about anything outdoors. Ivy Bytes is an innovative start-up building authoritative, yet accessible guides to subjects in the fields of politics, current events, economics, and finance. Ivy Bytes books are thoroughly researched and extensively fact-checked, so that you can be sure you are getting the latest in mainstream thought - not misguided conspiracy theories or reckless self-promotion. Following the very successful Beginner's Guide to Digital Painting in Photoshop, this latest book explores techniques used in character creation. The beloved creator of "Notes from the Universe" distills a career's worth of inspiration into elegant, brief lessons for making our way through the world--conceived as a guidebook for his young daughter yet relevant to everyone who's living a life on earth. (In other words, everyone.) Mike Dooley returns with what he expects to be his most impactful book yet: a volume of elegant, brief lessons conceived as a message from a father to his daughter, and equally relevant to everyone who's living a life on earth. (In other words, everyone.) Mike is a beloved teacher and thought leader for seekers around the world, known for his trademark humor, wisdom, and sheer joy in living--all of which he's shared in his 17 books and his free daily e-mails of "Notes from the Universe." His Beginner's Guide to the Universe, inspired by such classics of gem-like wisdom as Life's Little Instruction Book, The Four Agreements, and The Things You Can See Only When You Slow Down, gives voice to his most essential, heartfelt advice about living deliberately and creating consciously. Guiding the reader thoughtfully and joyfully through a range of topics--including family and relationships, power and responsibility, adversity and bouncing back from it, even the nature of heaven, angels, and God--Mike succeeds in making a happy life in this universe seem easily within our reach. With short passages of text placed artfully on each page, and a format that's a pleasure to hold in the hand, this is an ideal gift for a parent, a parent-to-be, a child, a new grad, a dear friend, or anyone who needs a dose of Dooley, whether they know it or not. From amethyst to zincite, black onyx to rose quartz, The Beginner's Guide to

Crystals is a full-color, photographic guide to more than 60 stunning crystals and their emotional, spiritual, and physical healing benefits. The beauty and allure of these ancient stones are explored in this introductory guide to understanding crystals and their many uses. Harness the healing power of these minerals by using them as a talisman for protection, to manifest intentions, to bring calmness and tranquility, and to enhance concentration and creativity. Complete with clean, modern photographs of each mineral and stone, the crystal profiles contain accessible information on color, chakra, origin, unique magical healing qualities, and uses at work, at home, and in your personal life. With tips for building and maintaining a collection as well as performing crystal rituals for metaphysical healing, *The Beginner's Guide to Crystals* provides everything you need to experience the wide range of benefits these stones offer. Whether used to treat physical ailments like hypertension, high blood pressure, and circulatory issues, or to soothe emotional issues such as anxiety, fear, and stress, this guide will introduce you to the perfect crystal for bringing wellness and balance to your life. Based on their extensive experience with teaching R and statistics to applied scientists, the authors provide a beginner's guide to R. The text covers how to download and install R, import and manage data, elementary plotting, an introduction to functions, advanced plotting, and common beginner mistakes.--[book cover] "I wish I'd had this book when I needed it. Death and dying are not subjects that many people are comfortable talking about, but it's hugely important to be as prepared as you can be - emotionally, physically, practically, financially, and spiritually. This book may be the most important guide you could have." - Elizabeth Gilbert, author of *Eat Pray Love* _____ The end of a life can often feel like a traumatic, chaotic and inhuman experience. In this reassuring and inspiring book, palliative care physician Dr BJ Miller and writer Shoshana Berger provide a vision for rethinking and navigating this universal process. There are plenty of self-help books for mourners, but nothing in the way of a modern, approachable and above all useful field guide for the living. And all of us - young, old, sick and well - could use the help. After all, pregnant couples have ample resources available to them as they prepare to bring a new life into the world: Lamaze courses, elaborate birth plans, tons of manuals. Why don't we have a *What to Expect When You're Expecting to Die* book? An accessible, beautifully designed and illustrated

companion, *A Beginner's Guide to the End* offers a clear-eyed and compassionate survey of the most pressing issues that come up when one is dying, and will bring optimism and practical guidance to empower readers with the knowledge, resources and tools they'll need to die better, maybe even with triumph. Am I normal? 'What's an anxiety disorder?' 'Does therapy work?' These are just a few of the questions Natasha Devon is asked as she travels the UK campaigning for better mental health awareness and provision. Here, Natasha calls upon experts in the fields of psychology, neuroscience and anthropology to debunk and demystify the full spectrum of mental health. From A (Anxiety) to Z (Zero F*cks - the art of high self-esteem) via everything from body image and gender to differentiating 'sadness' from 'depression. Author Brian J. Sorrells shares his time-tested training program for developing shooting skill and provides guidance on all aspects of traditional archery, from choosing arrow shafts to entering your first tournament. 'Mike Lambert's book is a useful source of information, helping to create and shape your research methods project. The book contains detailed chapters with easy to follow guidelines, tips and suggestions ensuring help at every step of the way from start to finish' Alexander Miesen, student, Amsterdam University of Applied Sciences In this basic guide, step-by-step advice is presented in a clear way and chapters take the reader through the entire process, from planning and doing research, to writing it up. Each stage is covered, with detailed help on choosing a topic, drawing up research questions, doing the literature review, choosing and designing research methods, the ethics of doing research, analyzing data, and collating and presenting findings. Features in the text include: - explanations of key research terms - activities (with answers) - progress sheets - case studies Online resources to accompany the book are available at www.methodspace.com/groups/mikelambert This is an ideal text for undergraduate students undertaking their first ever research project, postgraduates pursuing Masters awards and teachers carrying out action research. Includes fully graded patterns to fit a wide range of dress sizes. Have you ever wondered why you are drawn to certain people, ideas, or products and turned off by others? Are you constantly searching for something you can 't put your finger on, or wondering whether you are living a life that truly fits? In *Archetypes: Who Are You?*, New York Times best-selling author Caroline Myss delves into the world of archetypes,

which have been the subject of her work for more than 25 years. Archetypes are universal patterns of behavior that, once discovered, help you better understand yourself and your place in the world. In short, knowing your archetypes can transform your life. Within the pages of this book, Myss writes about ten primary feminine archetypes that have emerged in today ' s society: the Caregiver, the Artist/Creative, the Fashionista, the Intellectual, the Rebel, the Queen/Executive, the Advocate, the Visionary, the Athlete, and the Spiritual Seeker. In each chapter, she explains one individual archetype, showing how it has evolved and then in fascinating detail lays out the unique characteristics, the defining graces, the life challenges, and other information to help you understand if you are part of this archetype family and if so, how you can fully tap into its power. She also offers tips and practical advice on how to fully engage with your archetypes. Learning which archetypes best describe you is just the beginning. You can then use this knowledge to make more conscious decisions about everything from careers to relationships, avoiding common pitfalls of your personality type while playing up your strengths. The result is a happier, more authentic you. It ' s never too late to change your life by embracing your archetypes to the fullest. So are you a Rebel? An Artist? A Visionary? Join us . . . and find yourself.

For 800 years the prophecies in the Book of Revelation have captured the collective Western imagination. In "Beginner's Guide to Revelation," Robin Robertson uses his unique skills as a Jungian-oriented therapist to reinterpret this magnificent document as a saga of changing human consciousness. Robertson follows a spiral path around the central issues of our time, drawing from Jung's psychology, neurophysiology, shamanic rituals and modern mathematics. The author reveals how the Book of Revelation express in symbolic language our collective ability to experience within us the spiritual depths of the universe. This exciting new material offers a sensitive journey into the meaning of death, transformation and changing consciousness. Learn the fascinating game of American Mahjong with this expert guide. This affordable best-selling book is the only available game strategy guide that is specifically geared toward American Mahjong (Mah Jongg) and follows the official National Mah Jongg League rules. Offering first-time players an easy-to-follow guide to this complex game, A Beginner's Guide to American Mah Jongg includes simple, easy-to-follow instructions and clear diagrams to walk

the reader through each step of the game, including how to select a hand, how to play and how to develop winning strategies. A key feature is the color text which shows various hands and tiles. This Mahjong guide includes: Step-by-step instructions for gameplay. Hands-on "Do It" exercises Tips and quizzes for natural learning Mahjong background and history An explanation of tile symbolism Glossary of Mahjong terms A Beginner's Guide to American Mah Jongg is the perfect guide for all skill levels to learn Mahjong—from Mahjong beginners to pros. Based on their extensive experience with teaching R and statistics to applied scientists, the authors provide a beginner's guide to R. To avoid the difficulty of teaching R and statistics at the same time, statistical methods are kept to a minimum. The text covers how to download and install R, import and manage data, elementary plotting, an introduction to functions, advanced plotting, and common beginner mistakes. This book contains everything you need to know to get started with R. Red Green's wisdom, wit and whimsy on mankind's greatest challenge . . . now in paperback. Red Green is celebrated as one of the handiest men in North America. But as well as being a purveyor of inventive practical advice on, for example, making a jetpack from two propane tanks, a hybrid car from recycled golf carts and satellite dishes, and a kiddie ride from a bar stool attached to the agitator of a washing machine, Red Green is also noted for his insights into that most difficult of assembly jobs, human relationships. His previous bestselling tome, *How to Do Everything*, showed Red dipping his toe into the self-help genre with such items as "How to make dinner more romantic" and "The easy way to raise children." Now Red Green--a veteran husband (of Bernice), father, soul-searcher, philosopher and observer--has devoted an entire book to sharing with other battle-weary and confused males all he has learned about the differences between the sexes. Set out in approximately chronological order, from teen dating to the last words of men ("You know, honey, in the last couple of years, you've really packed on the beef"), this is the testosterone owner's manual to every aspect of finding a mate and then learning to deal with her growing disappointment in you. The man who has already shared such morsels as "If you can't be handsome, be handy," and "Quando omni flunkus moritati," ("When all else fails, play dead") here presents a Ph.D. in life-lessons about the most vexing problem facing mankind today, or any day: women. A pocket-size, brilliantly colorful, simple-to-use guide to

dragonflies, containing dozens of full-color photographs that enable readers of all ages to identify the most common species; range maps; tips on attracting dragonflies, information on habitat needs, life cycle, food preferences; and much more. “ Arguably the greatest living travel writer ” (Outside magazine), Pico Iyer has called Japan home for more than three decades. But, as he is the first to admit, the country remains an enigma even to its long-term residents. In *A Beginner ’ s Guide to Japan*, Iyer draws on his years of experience—his travels, conversations, readings, and reflections—to craft a playful and profound book of surprising, brief, incisive glimpses into Japanese culture. He recounts his adventures and observations as he travels from a meditation hall to a love hotel, from West Point to Kyoto Station, and from dinner with Meryl Streep to an ill-fated call to the Apple service center in a series of provocations guaranteed to pique the interest and curiosity of those who don ’ t know Japan—and to remind those who do of its myriad fascinations. “ A gentle, knowledgeable guide to a fate we all share ” (The Washington Post): the first and only all-encompassing action plan for the end of life. “ There is nothing wrong with you for dying, ” hospice physician B.J. Miller and journalist and caregiver Shoshana Berger write in *A Beginner ’ s Guide to the End*. “ Our ultimate purpose here isn ’ t so much to help you die as it is to free up as much life as possible until you do. ” Theirs is a clear-eyed and big-hearted action plan for approaching the end of life, written to help readers feel more in control of an experience that so often seems anything but controllable. Their book offers everything from step-by-step instructions for how to do your paperwork and navigate the healthcare system to answers to questions you might be afraid to ask your doctor, like whether or not sex is still okay when you ’ re sick. Get advice for how to break the news to your employer, whether to share old secrets with your family, how to face friends who might not be as empathetic as you ’ d hoped, and how to talk to your children about your will. (Don ’ t worry: if anyone gets snippy, it ’ ll likely be their spouses, not them.) There are also lessons for survivors, like how to shut down a loved one ’ s social media accounts, clean out the house, and write a great eulogy. An honest, surprising, and detail-oriented guide to the most universal of all experiences, *A Beginner ’ s Guide to the End* is “ a book that every family should have, the equivalent of Dr. Spock but for this other phase of life ” (New York Times bestselling author Dr. Abraham Verghese). Transform

your life with the principles of alchemy--a beginner's guide Alchemy is an age-old mystical science based around transforming yourself and the world around you for the better through purification of objects into their highest forms. The Beginner's Guide to Alchemy welcomes you to the alchemical world, distilling and demystifying alchemy's concepts on the path to improving your life by embracing the alchemist within! Examine alchemy's historical roots and basic principles, including an overview of its three primary facets: physical, spiritual, and mental. You'll find an easy-to-digest primer on the importance of using earthly elements to refine substances, before diving into the Great Work and alchemy's influence on contemporary scientific and creative fields, like chemistry, psychology, art, and literature. The Beginner's Guide to Alchemy includes: Alchemical images--Explore illustrated sections on notable alchemists, like Nicolas Flamel, Christina of Sweden, and Albert Einstein--as well as clear charts on the Ladder of the Planets and their corresponding elemental associations. Magnum opus--An in-depth, digestible overview delves into the phases of the Great Work: including Nigredo, Albedo, and Rubedo, among others. Alchemy apprentice--Thoughtful experiments and insightful exercises make alchemy relevant and accessible with insightful activities and introspective journaling exercises. Discover the transformative, purifying powers of alchemy and change your life with this beginner's guide. Account of important events in Ramtha's lifetime, from birth to his ascension, as well as Ramtha's basic teaching on consciousness and energy, the nature of reality, the self and the personality, the Observer in quantum mechanics, the auric field surrounding the body, the kundalini energy, and the seven seals in the body. This teaching covers the introduction given to students before commencing studies at Ramtha's School of Enlightenment. Includes: Foreword by JZ Knight, Introductory Essay to Ramtha's Teachings, Ramtha's Autobiography, Diagrams, Workbook, Glossary and Index. Being a human is a lot of work! Thankfully, humans experience many of the same feelings, situations, and challenges, so we don't have to figure it all out on our own--we can help each other navigate the ups and downs. Full of humor and heart, this engaging guide inspires kids to be humans who are kind, empathetic, and thoughtful. No matter what our day brings, we can choose to practice self-control, compassion, and forgiveness. Don't worry, young human, it's okay to make some mistakes along the way--just remember that it's love that

keeps us all afloat at the end of the day. Learn to make money in the stock market, even if you've never traded before. The stock market is the greatest opportunity machine ever created. Are you ready to get your piece of it? This book will teach you everything that you need to know to start making money in the stock market today. Don't gamble with your hard-earned money. If you are going to make a lot of money, you need to know how the stock market really works. You need to avoid the pitfalls and costly mistakes that beginners make. And you need time-tested trading and investing strategies that actually work. This book gives you everything that you will need. It's a simple road map that anyone can follow. In this book, you will learn: How to grow your money the smart and easy way The best place to open up a brokerage account How to buy your first stock How to generate passive income in the stock market How to spot a stock that is about to explode higher How to trade momentum stocks Insider tricks used by professional traders The one thing you should never do when buying value stocks (don't start investing until you read this) How to pick stocks like Warren Buffett How to create a secure financial future for you and your family And much, much more Even if you know nothing about the stock market, this book will get you started investing and trading the right way. Join the thousands of smart traders and investors who have profited from this ultimate guide to the stock market. Amazon best-selling author and retired hedge fund manager, Matthew Kratter will teach you the secrets that he has used to trade and invest profitably for the last 20 years. Even if you are a complete beginner, this book will have you trading stocks in no time. Are you ready to get started creating real wealth in the stock market? Then scroll up and click BUY NOW to get started today. Start doing your own household repairs and simple renovations without the expense of calling in a professional. Full of expert advice, this practical beginner's handbook features easy instructions for all the home DIY basics, from painting and wallpapering to simple plumbing, changing a lock, using power tools, fixing a squeaky board and much more. Describes the mathematical bases of life, including consistent patterns of numbers and geometric figures that are found in physics, mythology, philosophy, and religion, and art A companion to "Chords for Kids" and "My First Recorder Music." Suitable for children aged between 8 and 10, it explains the essentials: pitch, the treble clef, the bass clef, rhythm, accidentals, key signatures and time signatures, followed by

practice pieces. Features helpful diagrams, clear accessible text and a practical spiral-bound format. Beginner's Guide to ZBrush is an essential resource for newcomers to this powerful software, packed with detailed instructions and tutorials. Learn how to make beautiful quilts with this comprehensive guide to patchwork and quilting for beginners. Covers all aspects of quilting from piecing and applique to quilting and binding. Choose from 16 simple projects, each focusing on a different technique, from bags and cushions to table mats, wall hangings and bed quilts. Clear illustrations and step-by-step instructions accompany each project, making them all suitable for even a complete novice. The book also includes a quilting glossary explaining common quilting and sewing terms. This book teaches anyone how to use their new Windows computer. You will learn and understand how you can perform a wide range of tasks, including managing files, browsing the internet, and protecting yourself, as well as interacting with Cortana. Using Absolute Beginners Guide to Computing you will learn how to use Windows, and how you can connect and communicate with others. You will learn the basics of browsing the web, how to send email, and sign up for services. You will learn about some of the social media sites such as Facebook and Twitter. You will also learn how to connect and use external hardware, and process digital music, photos, and video. Written by an author who has written multiple computing titles, this book is friendly and approachable, and can teach anyone how to use a computer. With simple steps, easy troubleshooting, and online resources, it's the best place to learn how to make computing a part of your life. What You ' ll Learn: how to="" keep="" safe="" and="" private="" on="" the="" web.="" what="" email="" is="" how="" use="" it.="" basics="" of="" social="" media="" sites="" such="" as="" facebook="" twitter.="" What malware, viruses, and Trojans are and how to keep safe from them. liHow to get pictures onto your computer to share. How to listen to digital music. What clubs, groups, and other resources there are to help. A step-by-step guide to digital painting in Photoshop that covers the fundamental aspects in an accessible and comprehensive fashion. A financial consultant and author of A Beginner's Guide to Day Trading Online provides a comprehensive, timely, and strategic introduction to online brokers and electronic trading, discussing new trading products, assessing funds, explaining how to analyze stocks, and more. Original. 60,000 first printing. A pocket-size,

brilliantly colorful, simple-to-use guide to hummingbirds, containing dozens of full-color photographs that enable readers of all ages to identify the most common species; range maps; tips on attracting hummingbirds, information on habitat needs, life cycle, food preferences; and much more. Start making money today—with the ultimate guide for first-time investors No matter what the market does, real estate still offers plenty of money-making opportunities. In this new edition of *The Beginner's Guide to Real Estate Investing*, Gary W. Eldred presents the tools and knowledge new investors need to get started profitably. Packed with smart money-making strategies and real-life stories from successful investors, this edition also covers the latest information on financing, foreclosures, cash flow, and much more. You'll not only master the basics of investing, but also discover specialized techniques that the pros rely on to grow their long-term wealth. Concise yet comprehensive, this practical guide shows you how to:

- Find great deals on properties with big potential
- Get started with low- or no-down payment financing
- Utilize creative financing options and other people's money
- Buy low-cost foreclosures and REOs
- Make value-adding improvements to any property
- Craft winning offers and negotiate like a pro
- Manage rental properties hassle-free
- Flip investment properties for fast profit

In addition, Eldred shows you how to tailor your investment strategy to make money almost anywhere, in any type of market. With proven techniques, timeless principles, and totally up-to-date information, *The Beginner's Guide to Real Estate Investing, Second Edition* is the perfect place to start building a prosperous future—today.

It's 1977 and life in Iran is becoming unpredictable. The Shah will be overthrown and events are about to take place on the world stage. But for five-year-old Shappi Khorsandi all this means is that she must flee, leaving behind a mad extended Iran clan and everything she has ever known. An ideal supplemental text for any undergraduate course in humanities or Introduction to the Arts. This practical beginner's guide to appreciating and experiencing culture provides a handy introduction to the world of art that teaches students how to observe, enjoy, and analyze the arts. Professor Philip Bishop wrote this book because there was no concise handbook on the market covering the arts as a whole. His text provides a succinct and affordable guide to the arts and humanities geared to students who are starting from scratch in their study of the arts. Self-contained chapters provide an essential companion guide to

understanding a specific discipline-including painting, sculpture, music, and theater-with a clear and insightful explanation of the discipline's process of creation. ... From publisher description. A guide to the elements that make up the periodic table, fully explaining their starring role in the world and clearing away any confusion or apprehension that might surround them.

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